



**Little Houghton CEVA Primary School**  
**Curriculum Statement for the Teaching and Learning of Physical Education**

**Our Vision for Little Houghton CE Primary School**

**‘Learning for Life’**

**Through:**

- ❖ **Growth – realising our potential**
  - ❖ **Community – sharing and contributing**
  - ❖ **Spirituality – reflecting and thinking deeply**
  - ❖ **Environment – appreciating local and global environments**
- So that each child can flourish – like a flower of the field (Psalm 103:15)**

Our curriculum vision is reflected in the Physical Education (PE) curriculum through two key concepts:

**Health**

**Fitness**

**Health** refers to the state of children’s physical, mental, intellectual, social and emotional well-being and can be linked with our focus on **Growth** (realising potential) and **Spirituality** (reflecting and thinking).

**Fitness** refers to children’s ability to perform physical activities associated with daily life and can be linked with **Growth**, and **Community** (sharing and contributing).

**Intent**

At Little Houghton CEVA Primary School, the intent of teaching Physical Education is to:

- give children the tools and understanding required to make a positive impact in their own physical health and well-being.
- provide children with the opportunity to experience a wide variety of sports and physical skills which will enhance life-long fitness and life choices.
- provide challenge and promote self-esteem through the development of physical confidence and problem solving.
- support children’s ability to cope with both success and failure in competitive, individual and team based physical activities. Within dance it will allow children to explore their personal and spiritual identity.



## **Implementation**

At Little Houghton CEVA Primary school, it is our intention to develop a lifelong love of physical activity, sport and PE in all young people. We aim to help ensure a positive and healthy physical and mental outlook in the future and help young people to develop essential skills like leadership and teamwork.

Within each lesson, we strive to give every child the opportunity to develop skills in PE, consider the impact of their **health** and **fitness**, compete/perform and evaluate. We teach from the Cambridgeshire Scheme of Work for Physical Education, which supports clear skills and knowledge-based progression. This ensures that skills and knowledge are built on year by year, and sequenced appropriately, to maximise learning for all children.

The scheme provides a range of activity-based units of work that are progressive from Key Stage One upwards: fundamental movement skill units for Key Stage One, progressing into generic activity areas in Key Stage Two and then specific activity focus in higher Key Stage Two, which complements the National Curriculum Key Stage One and Key Stage Two National Curriculum programmes. The PE curriculum is structured to provide a range of sports experiences during which every child participates to develop their skills and learning through competitive, team and individual sports.

Detailed lesson plans ensure that all teachers are equipped with the secure subject knowledge required to deliver modern, high-quality teaching and learning opportunities for all areas of PE. Lessons are planned alongside progression maps to ensure that children are given the opportunity to practise existing skills and also build on these to develop new or more advanced skills. There is a structure to the lesson sequence whereby prior learning is always considered and opportunities for revision and practise and build into lessons. The structure though is not rigid as it allows for this revision to become part of good practice and build depth to the children's knowledge. Key assessments are interwoven into the teaching sequence.

PE at Little Houghton CEVA Primary School is taught by a combination of class teachers, PE specialists and qualified sports coaches. Children have equal opportunities to take part in a range of sports and physical activities within a supportive environment where effort as well as success is recognised. Children are encouraged to participate in exercise through-out the day during PE lessons, the 'Mile a Day' initiative, clubs, outdoor learning, lunch provision and special events.

Through our provision children can aim to flourish at sports in which they have a particular interest or flair for. Children with additional needs are provided with appropriate support to enable them to take part and gain confidence in skills, understanding and motivation.



## Impact

Increase the profile of sport, PE and physical activity across the school. Children will be motivated to participate in a variety of sports which are engaging and fun. We will inspire children to utilise skills and knowledge acquired during PE lessons instinctively, encouraging them to take responsibility for their own health and fitness thus developing a love of sport, leading to a happy and healthy life.

