



Little Houghton CEVA Primary School
Curriculum Statement for the Teaching and Learning of PSHE
Our Vision for Little Houghton CE Primary School

'Learning for Life'

Through:

- ❖ **Growth – realising our potential**
 - ❖ **Community – sharing and contributing**
 - ❖ **Spirituality – reflecting and thinking deeply**
 - ❖ **Environment – appreciating local and global environments**
- So that each child can flourish – like a flower of the field (Psalm 103:15)**



Our curriculum vision is reflected in the PSHE curriculum through the key concepts of:

- **Relationships**
- **Rights & Responsibilities**

Relationships refers to interactions within our school community and with each other. This key concept can be linked with our focus on **Community** (sharing and contributing) and **Growth** (realising potential).

Rights & Responsibilities refers to the way in which our school community and the individuals within it show respect to themselves and to those around. This key concept can be linked with our focus on **Growth** (realising potential), **Community** (sharing and contributing), **Spirituality** (reflecting and thinking deeply) and **Environment** (appreciating local and global environments).

At Little Houghton CE Primary School Primary School, personal, social and health education (PSHE) is an embedded part of our broad and balanced curriculum and enables our children to become healthy, independent and responsible members of a society. It aims to help children understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.

Pupils' spiritual, moral, social and cultural (SMSC) development is fully at the heart of our school ethos, strengthened through our strong programme of Christian values. British Values are also promoted through the overarching aims and objectives of PSHE which support our children to become healthy and responsible members of society, as well as preparing them for life and work in modern Britain.



Intent

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they are able to flourish. At Little Houghton CE Primary School, we aim to deliver our PSHE curriculum so that it dovetails with real life issues, global contexts and local celebrations, as and when they arise. Wherever possible and appropriate to personal contexts, staff follow an age-appropriate PSHE programme, which equips pupils with a sound understanding of risk, and with the knowledge and skills necessary to make safe and informed decisions. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in school life and the wider community.

The purpose of our PSHE education is to build, where appropriate, on the statutory content already outlined in the national curriculum and guidance, to cover areas such as drugs education, financial education, citizenship, personal safety, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle.

Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for differences, and educate pupils about healthy relationships. Teaching children about the society that we live in and the different types of loving, healthy relationships that exist can be done in a way that respects everyone. Primary schools are strongly encouraged and enabled to cover LGBT content when teaching about different types of families.

These subjects are designed to equip every child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The important lessons parents teach their children about healthy relationships, looking after themselves and staying safe, are respected and valued under this curriculum.

Teaching at school will complement and reinforce the lessons parents teach their children as they grow up. We aim to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious and cultural background of our pupils.

It is our belief that the skills and attributes acquired through quality PSHE education have a significant impact on pupils' academic achievement, employability and future life chances.

Implementation

We believe that PSHE plays a vital part of primary education and is therefore timetabled to be taught weekly to ensure that quality time is dedicated to these areas, although it is usual for classes to spend more time on this depending on the theme being covered. There are always occasions where teachers may feel it necessary to teach PSHE because of an issue that has arisen in their own class. Many objectives from the curriculum will also be covered as an important part of school worship, prayer space activities or through RE and other curriculum lessons, where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. The distribution of the lessons complements key campaigns throughout the year, such as National Anti-bullying Week and E-safety Week.

Staff follow the Primary Scheme of Work **SCARF** - Safety, Caring, Achievement, Resilience, Friendship (Coram Life Education). Developed by teachers and centred on a values-based and 'Growth Mindset' approach, SCARF's lesson plans and resources help to promote positive behaviour, mental health, wellbeing, resilience and achievement. There is now a proven link between pupils' health and wellbeing, and their academic progress. Crucial skills and positive attitudes developed through comprehensive Personal, Social, Health and Economic education (PSHE) are critical to ensuring children are effective learners and SCARF provides a whole-school approach to building these essential foundations – crucial for children to achieve their best, academically and socially.

SCARF lesson plans are organised around the PSHE Association's Programmes of Study Learning Opportunities, which includes three core themes of Health and Wellbeing; Relationships; and, Living in the Wider World. These themes have been broken down into six main areas for termly coverage, and are ordered as follows:

- Me and My Relationships
- Valuing Difference
- Keeping Myself Safe
- Rights and Responsibilities
- Being my Best
- Growing and Changing

In addition to dedicated PSHE lessons, many other curriculum subjects make a link to PSHE, Christian Values, British Values, SMSC and the language is used consistently by all staff. Displays throughout the school also reinforce the PSHE curriculum, further enabling children to make links.

Beyond our documented curriculum, the school vision provides a culture that contributes equally towards the pastoral development of our children. Therefore, our teaching approach places great emphasis upon our four key curriculum drivers: growth, community, spirituality and environment. Group work is a key element of all classrooms and the school places great emphasis on sport and singing– all of which enable our pupils to achieve success together. Beyond this, pupils are encouraged to show leadership in our communities through taking on roles such as Sports Crew Leaders, Playmakers, Worship Leaders, Lunchtime Helpers, Digital Leaders, Anti-Bullying Ambassadors and School Council representatives.

At Little Houghton CE Primary School, our PSHE curriculum demonstrates appropriate subject knowledge, skills and understanding to fulfil the statutory duties of the Relationship Education (RE), Relationship and Sex Education (RSE) and Health Education (HE) curriculums. Our overall curriculum is designed to directly support the pastoral education of our pupils as well as the academic outcomes that the school aims for.

Sex and Relationship Education

- SCARF is also mapped to the new DfE guidance for Relationships Education and Health Education, The PSHE Association's Programmes of Study Learning Opportunities, the National Curriculum, Curriculum for Excellence and Ofsted's requirements.
- We believe that sex education, like other areas of the curriculum, should be matched to the maturity of the children, this is why we teach 'growing and changing' in the summer term.
- We believe that parents are in the best position to help their child to cope with physical, emotional and moral aspects of growing up. In school, teachers will try to deal factually, honestly and clearly with children's questions whenever they arise. Our school policy, as agreed by the Governing Board, reflects the Local Authority's recommendation for primary schools. We feel that sex education is best covered within the 'Personal & Social Health Education' areas of the curriculum taking place in school, so that it can be introduced in the context of family life, with caring relationships and respect for others emphasised.
- We recognise that parents have a right to withdraw their child from all or part of the school's sex education programme, which covers issues outside the National Curriculum. Parents will always be informed beforehand of lesson content, which goes beyond National Curriculum requirements, and will be given an opportunity to view material before it is presented to the children.
- Where a parent wishes to exclude their child from sex education lessons, a letter requesting this should be sent to the Headteacher, indicating their reasons for the request.



Impact

- **Relationships**
 - **Rights & Responsibilities**
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- Children will show our Christian values in action, through how they conduct their daily lives, whether it be at home, school or the wider community
 - Children will demonstrate and apply the British Values of Democracy, Tolerance, Mutual Respect, Rule of law and Liberty.
 - Children will demonstrate a healthy outlook towards school – attendance will be in-line with national and behaviour will be good.
 - Participation in extra-curricular activity both in school and beyond is encouraged and celebrated.
 - Pupil Voice Surveys are used to assess knowledge of how to stay safe and emotionally confident within the school.
 - Children will become healthy and responsible members of society.
 - Levels of volunteering both within the school through litter picking, librarians and playground leaders, and within the community through singing in different venues e.g. Ricoh offices, Castle Choir at Christmas
 - Children will achieve age related expectations across the wider curriculum.
 - Children will be well prepared for life and work in modern Britain.

